

Summer 2016 edition



News from the Surrey Safeguarding Children Board



Keeping children and young people safe



Information and resources in Surrey



Future newsletters

We plan to use this newsletter as a forum for all partners to share their news and views on safeguarding in Surrey. If you have anything you would like to include please email [Hayley Cheesman](#) and/or [Emily Welch](#) . We hope that the information will be widely disseminated and request that you share the newsletter with colleagues. Please let us know if you wish to be added to the mailing list.

News from the Surrey Safeguarding Children Board (SSCB)

People news

- **Elaine Coleridge-Smith** – Independent Chair
- **Janice Morgans** – Interim Partnership Support Manager
- **Alex Vassallo** – Training Administrator
- **Ameena Tabassum** – Quality Assurance Officer
- **Anastasia Drenou** – Serious Case Review and Training Administrator
- **Caroline Holmes** – Partnership Support Secretary
- **Emily Welch** – Child Death Overview Panel (CDOP) Coordinator
- **Hayley Cheesman** – Quality Assurance Administrator
- **Jane Donson** – Training and Commissioning Officer
- **Karl Mittelstadt** - Partnership Manager - Child Sexual Exploitation
- **Stacey Westbrook** – Training and Commissioning Officer

If you would like to speak with the team please contact us on **01372 833330**.

To find out more about us and the role of the SSCB – view our presentation [here](#).

Introducing Karl Mittelstadt, Partnership Manager – Child Sexual Exploitation (CSE)

I am delighted to have recently started as Partnership Manager (CSE) with SSCB. I joined SSCB from the Youth Justice Board for England and Wales, where I spent the last nine years in a range of different roles - most recently as Head of Policy. Having spent the vast majority of my career in youth justice, I recognise both the intrinsic value of developing multi-agency responses, but also the considerable efforts involved to ensure work across agencies is co-ordinated and effective.

The post, which is funded by Surrey Police and Crime Commissioner for one year initially, aims to enhance responses to CSE by co-ordinating the work of a range of agencies. I will be supporting the existing CSE Strategy Group chaired by Detective Chief Superintendent Paul Furnell, Head of Public Protection (Surrey Police) as well as overseeing the implementation of an agreed action plan. In line with the wider work of the SSCB, my particular focus will be on equipping frontline professionals with relevant knowledge and skills to work effectively to identify and work with children at risk of, or affected by, CSE in Surrey as well as wider awareness raising activities.

Having met a range of professionals and senior managers during my first month, I hope I can harness the enthusiasm and dedication that is evident and very much look forward to building on the foundations already in place.

Please don't hesitate to contact me should you have any questions about CSE and the actions taken by partners. Karl.mittelstadt@surreycc.gov.uk

Introducing Alex Vassallo, SSCB Training Administrator

I have recently joined the SSCB on a secondment to offer administration support to the training team with their day to day activities. I have worked for two years as a training administrator in Surrey County Council's Shared Services training team. Before that I started off in Surrey as an apprentice in the Pensions Department, which lasted for a year until my fixed term contract ended. I just wanted to say thank you to everyone for welcoming me to the team and if you have any questions about SSCB training please email me at sscb.training@surreycc.gov.uk

Website update

We are delighted to announce that our new website is live and ready to use. Please take a look at the new [site](#) and tell us what you think.

If you have created links or bookmarked our old webpages, **please note** - you will need to amend these links to reflect the new web address above.

The SSCB training events pages are now live. This is the new system where you can book onto the SSCB training courses. Please note, not all the courses will be published and we will be adding new course dates over the coming weeks.

The new booking system can be accessed [here](#). First you will need to register and create a log in and password. Once you have done this, you will be able to book courses, cancel your place, access course evaluations, certificates and access your SSCB training history (for courses you attend from September 2016 onwards).

SSCB Levels of Need document

SSCB has recently held several consultation events with professionals in Surrey to update and refresh the SSCB Levels of Need document. The revamped document is now being piloted. Your feedback and comments are welcomed during the pilot and a revised document will be published in September 2016 based on the feedback received over the next three months.

You can access the document [here](#).

SSCB conference - 'Beneath the Radar' - 16 November, Epsom Racecourse

The SSCB will be holding a one-day conference on **16 November 2016** at Epsom Racecourse. The conference will aim to explore the impact of exploitation on children and young people in Surrey and to raise awareness amongst professionals from across organisations in Surrey about the role of the SSCB and its priorities.

You can book your place [here](#)

Changes to foundation module training

From October 2016, we will be changing the way we run our foundation module courses. At the moment we have three courses, Foundation Module 1, Foundation Module 2 and Foundation Module 3. After listening to your feedback and analysing the evaluation forms you complete after your courses, we will be streamlining our module training and reducing duplication of information.

Therefore, from October 2016, we will still have Foundation Module 1 – Multi-Agency Safeguarding and will merge Foundation Module 2 and 3 to create Foundation Module 2 – Child Protection Conference and Core Groups.

We will still run some Foundation Module 3 courses throughout September for those who need to attend this course.

If you have any questions, please email the [training team](#).

Safeguarding e-learning opportunities

Remember, there are several e-learning courses you can access either free of charge or for a small fee.

- [Prevent e-learning](#)
- Safer recruitment via [Surrey Skills Academy](#)
- Child sexual exploitation (CSE) via [Surrey Skills Academy](#)
- Domestic abuse via [Surrey Skills Academy](#)
- [Female genital mutilation](#) (FGM): Recognising and preventing FGM (Home Office/Virtual College)
- [Forced marriage](#) (Foreign Office/Virtual College)
- [Channel general awareness](#)
- Working Together to Safeguard Children via [Surrey Skills Academy](#) (charge of £12.50 or free of charge for Surrey County Council employees via My Learning Online).

For more e-learning courses please visit the [Surrey Skills Academy website](#) where you will find multi-agency training to equip staff in all agencies with direct or indirect dealings with children and young people.

New course - child death review process in Surrey and the lessons learnt: The role and responsibilities of professionals involved in child death

We are pleased to announce that from the autumn term we will have a new training course available for professionals in Surrey providing an overview of the Child Death Overview Panel. You will be able to book your place [here](#).

SSCB information leaflet - refreshed

We have refreshed our information leaflet to reflect our new website. This is an information booklet for all professionals, parents and carers in Surrey. The leaflet contains useful information about the board; organisations who work with the board, what to do if you are concerned about a child as well as some useful contacts.

The leaflet can be easily downloaded from the [SSCB website](#), or if you would like hard copies of the leaflet please contact [Hayley Cheesman](#)

CSE peer challenge 16-18 May – update



Working together to provide the best possible outcomes for children and young people in Surrey



www.surreyscb.org.uk

Over the last year we have been working with our partners to improve our response to child sexual exploitation (CSE) and missing children in Surrey. To test and improve our approach the SSCB, together with Surrey County Council, Surrey Police and health partners, arranged for an independent team of experts to visit the county in May.

The five-strong independent team, led by the Local Government Association (LGA), assessed strategic responses to CSE and reviewed the day-to-day practice of police, health and social care professionals and youth workers.

The team will be finalising their report shortly, but have shared initial feedback with us. They identified some encouraging areas to build on:

- a commitment across the agencies to improve and develop
- agreeing CSE as a shared priority
- some specialist services were highly regarded
- good engagement with the community and district and borough councils
- recognition that the partnership has a lot to do to ensure it has the most effective system and processes in place.

The team also identified areas improvements are required. These include:

- ensuring children's voices are always heard
- improved data collection and analysis
- practitioners working to a common understanding and standards
- streamlining processes and procedures so the focus is on outcomes for children
- refreshing our partnership strategy.

Once we receive the report, it will be considered by the SSCB sub-group which leads on CSE (chaired by Detective Chief Superintendent Paul Furnell, Surrey Police) and will inform a revised partnership strategy. Further updates will follow as this takes shape.

It is encouraging that the peer challenge team felt relationships between colleagues in different agencies were positive and the partnership was becoming more effective. We are committed to building on the good practice identified through this exercise and addressing all the areas of improvement identified so we can recognise and respond to risks facing children in a consistent, co-ordinated and effective way.

Keeping children and young people safe

The NSPCC short films for religious and faith settings

The NSPCC has created some short films showing how to safeguard children within religious and faith groups. The films focus on the six main faiths practiced in the UK: Buddhism, Christianity, Hinduism,

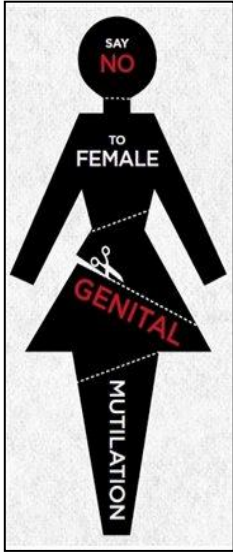
The NSPCC logo is displayed in a bold, green, sans-serif font.

Islam, Judaism and Sikhism. The last film shows leaders from all faiths and religions sharing their views on safeguarding issues and good practice.

You can watch the films [here](#)

Female genital mutilation (FGM)

New multi-agency statutory guidance on FGM (female genital mutilation) guidelines



The Government has published (1 April 2016) new multi-agency statutory guidance on FGM. This multi-agency guidance on FGM should be read and followed by all persons and bodies in England and Wales who are under statutory duties to safeguard and promote the welfare of children and vulnerable adults. It replaces the guidance 'Female Genital Mutilation: guidelines to Protect Children and Women 2014'.

You can access the guidance document [here](#)

Training – FGM

The SSCB has produced a **training pathway** to ensure that everyone is aware of FGM and that all those working with children and young people are able to recognise and respond appropriately to ensure the safety and protection of children and young people at risk from or experiencing FGM.

You can access this document [here](#)

Self-harm

Self-harm can be really hard to understand but it is a lot more common than some people think. Very often it is hidden and secretive and someone can be harming him or herself for a long time before they go to get help.

For more information visit [Young Minds](#) or [Health and Wellbeing Surrey](#)

Self-harm and suicidal behaviour definitions and indicators – SSCB procedures manual

Definitions from the Mental Health Foundation (2003) are:

- Deliberate self-harm is self-harm without suicidal intent, resulting in non-fatal injury.
- Attempted suicide is self-harm with intent to take life, resulting in non-fatal injury.
- Suicide is self-harm, resulting in death.

The term self-harm rather than deliberate self-harm is the preferred term as it is more neutral terminology recognising that whilst the act is intentional it is often not within the young person's ability to control it.



Self-harm is a common precursor to suicide and children and young people who deliberately self-harm may kill themselves by accident.

Self-harm can be described as a wide range of behaviours that someone does to themselves in a deliberate and usually hidden way. In the vast majority of cases self-harm remains a secretive behaviour that can go on for a long time without being discovered. Many children and young people may struggle to express their feelings in another way and will need a supportive response to assist them to explore their feelings and behaviour and the possible outcomes for them.

The indicators that a child or young person may be at risk of taking actions to harm themselves or attempt suicide can cover a wide range of life events. These can include things such as bereavement, bullying at school, a variety of forms of cyber bullying via mobile phones, homophobic bullying, mental health problems including eating disorders, family problems such as domestic violence and abuse or any form of child abuse as well as conflict between the child and parents.

The signs of the distress the child may be under can take many forms and can include:

- Cutting behaviours.
- Other forms of self-harm, such as burning, scalding, banging, hair pulling.
- Self-poisoning.
- Not looking after their needs properly emotionally or physically.
- Direct injury such as scratching, cutting, burning, hitting yourself, swallowing or putting things inside.
- Staying in an abusive relationship.
- Taking risks too easily.
- Eating distress (anorexia and bulimia).
- Addiction for example, to alcohol or drugs.
- Low self-esteem and expressions of hopelessness.

You can view the SSCB procedure chapter on self-harm and suicidal behaviour [here](#).

Differences in the way parents and young people view self-harm

There's a gap in understanding between parents and young people

A group of leading UK youth charities commissioned two surveys to find out what parents and young people thought about self-harm. The results show there are some marked differences in beliefs between the two groups.

Whilst 67% of parents think that young people should go to their parents for information and support for self-harm, only 16% of young people who self-harm would actually talk to their parents about it. 61% said they would turn to their friends and 76% would go to online groups like [Get Connected](#) or [Self Harm UK](#).

In the survey, 80% of young people answered the open question “is there anything else you would want people to know about self-harm?” by saying that they wished people didn’t think self-harm was attention-seeking. This is compared to 40% of parents who believed that seeking attention was one of the reasons young people self-harm.

Visit the [YoungMinds website](#) to find out more about the surveys and to see tips from a young person for parents.

Subscribe to the CAMHS newsletter [here](#).

Training – building professional confidence in responding to self-harm

The SSCB has introduced a new course for September 2016 – deliberate self-harm. You can book your place [here](#).

Internet safety

Internet Watch Foundation (IWF) launches annual report (April 2016)



The Internet Watch Foundation (IWF), the online child sexual abuse charity, reveals a staggering increase in the number of reports of illegal child sexual abuse images and videos that it removed from the internet last year.

68,092 reports were positively identified as containing illegal child sexual abuse imagery and taken down. This is a:

- 417% increase in online confirmed reports over two years.
- 118% increase in illegal child abuse imagery over the previous year.

You can view the [IWF full annual report](#) here.

Revenge pornography

The BBC has investigated **revenge pornography** and a year later in April 2015, the law making it an offence to share private sexual photographs or films without the subject's consent came into effect. Findings include: there were 1,160 reported incidents of revenge pornography from April 2015 to December 2015; three victims were 11 years old with some 30% of offences involving young people under 19. Facebook was used by perpetrators in 68% of cases where social media was mentioned in reports.

View the article [here](#).

Training – online safety

SSCB provides classroom based online safety training for professionals. You can book your place [here](#).

Domestic abuse

Coercive control

Taken from [Surrey Against Domestic Abuse](#)

Statistically one in four women and one in six men suffer from domestic abuse, and within these abusive relationships a vast percentage are non-violent. These relationships operate on the premise of take, take, take.



Victims are isolated, controlled, told how to dress, what to eat, when to sleep. They are not allowed to work and are manipulated by threats of violence, rape, or the intervention of social services to take away children. They are humiliated and degraded, and reality is continuous fear and uncertainty.

This is coercive control. This is domestic abuse, and it is now a crime in its own right.

The offence of coercive and controlling behaviour can be considered if “the perpetrators behaviour has had “serious effect” on the victim, meaning that it has caused the victim to fear violence will be used against them on at least two occasions or it has had a substantial adverse effect on the victims day to day activities.” The maximum prison term is five years.

That is why the Surrey Against Domestic Abuse (SADA) partnership has launched a campaign to promote the help and support available to people experiencing domestic abuse. Named ‘Give and Take’, this campaign also seeks to make friends and family of those who are being abused by a partner or family member more aware of their role in taking action.

Domestic abuse can happen to both men and women and regardless of sexual orientation, ethnicity, age, class, religion or physical ability. Throughout the campaign, we will be using the hashtag #behindcloseddoors on Twitter. Join in the conversation and help us encourage more people to seek support and safety.

If you know someone who is experiencing domestic abuse, take action. You can do this by:

- 1. Calling Surrey Police on 101 or 999 in an emergency.**
- 2. Calling the 24 hour yourSanctuary helpline for information and advice on 01483 776822.**

Need to contact specialist outreach support?

During office hours: If you need to talk to someone at outreach Monday – Friday 9am - 4pm see the numbers below:

- [East Surrey Outreach](#): 01737 771350
Serving Reigate and Banstead, Mole Valley and Tandridge including Salfords, Dorking, Leatherhead and Oxted
- [yourSanctuary Outreach](#): 01483 776822
Serving Woking, Runnymede and Surrey Heath including Chertsey, Addlestone, Egham and Byfleet
- [North Surrey Outreach](#): 01932 260690
Serving Epsom and Ewell, Elmbridge and Spelthorne including Cobham, Oxshott, Staines and Ashford
- [South West Surrey Outreach](#): 01483 577392
Serving Guildford and Waverley including Godalming, Farnham and Merrow

Outside these hours, call the yourSanctuary confidential 24 hour helpline on 01483 776822.

Coercive control – Professor Evan Stark - You Tube video

The Office of the Police and Crime Commissioner for Surrey held a conference in March 2016 which featured the thought provoking talk by Professor Evan Stark on the subject of coercive control. He is the leading expert on the new law that was introduced in the UK this year. A video of his presentation is now available on [YouTube](#). The video is 20 minutes long.

Controlling or coercive behaviour in an intimate or family relationship - statutory guidance framework

You can access this document [here](#).

Domestic abuse workplace policy

Guidance and an example of a domestic abuse workplace policy can be found at the Surrey Against Domestic Abuse [website](#) alongside information on all training opportunities available to you and your organisation.

Can you help distribute our domestic abuse cards?

Surrey Police wants to encourage domestic abuse victims to come forward and get help, so in order to reach and help as many people as possible, they have produced a card that looks like a coffee shop loyalty card that discreetly features the number of Surrey's domestic abuse helpline.

Importantly, though, the card is perforated, and the other side provides information about domestic abuse and the Surrey Against Domestic Abuse partnership.

Could you help by making the cards available through your networks? If so, please email [Juliet Smith](#).

Training – domestic abuse

To undertake the domestic abuse e-learning course (free of charge) you can go directly to [Surrey Skills Academy](#) where you will need to create an account.

Please note employees of Surrey County Council should access this course through the My Learning portal.

You can access the domestic abuse training programme [here](#).

Child sexual exploitation (CSE)



Protecting children in Surrey – CSE case study in Surrey

Lucy Titheridge has been a social worker for 20 years and joined Children's Services at Surrey County Council two years ago as Principal Social Worker. Lucy explains how the service works in partnership with other organisations to protect children in Surrey from sexual exploitation.

“Child sexual exploitation (CSE) is where a young person under 18 is involved in an exploitative relationship which may be with an adult, peer or family member who sexually abuses them. The young person might gain something from the relationship – that could be gifts, money, even just attention or affection – so they often won't recognise that they are being abused.

“In many cases of CSE, the young person is already vulnerable and the exploitative relationship meets a need in their lives. This can be particularly true of children who are affected by chaotic family lives or other forms of abuse. But there are also cases of children from loving homes being exploited. They might have low self esteem, or a friend is also being exploited.

“A recent case involved two friends from the same school in Surrey who were both being sexually exploited. They were 16 and teachers at the school were worried because of the girls having low self confidence, going missing, problems with drug use, and in one case a terminated pregnancy.

“We worked with their families, teachers, support officers and the police to fully understand the situation; every case is different and needs to be managed differently.

“To help the girls, youth support workers encouraged them to attend groups where they could learn about healthy relationships and making safe choices. We also worked with an organisation that supports young people with drug and alcohol problems. At the same time, the police worked on ways of preventing the girls from going into the homes of the men who were exploiting them.

“Support from the school was also really important. Their teachers understood that the school was a stable factor in the girls’ lives, and as a result didn’t exclude them for difficult behaviour and absences.

“As a social worker, being someone that a young person can rely on for care and support is wonderful. It can take a long time, and is challenging when you’re working with a child who doesn’t recognise that they are at risk or being exploited. But it’s so rewarding when you can help them understand what a good, supportive relationship is.”

Child sexual exploitation: signs to look out for

- Regularly going missing from home or school, or coming home late.
- Disengaging from family and friends, or changing friendship groups.
- Having a much older boyfriend or girlfriend, or being seen in cars with different older people.
- An increase in healthcare appointments, or suffering from sexually transmitted diseases.
- Unexplained money or gifts, including mobile phones.
- Drug or alcohol misuse.

Visit the SSCB [website](#) for more information or contact [Karl Mittelstadt](#), Partnership Manager - Child Sexual Exploitation.

How to get help and advice

There may be many reasons for changes in behaviour, but if you notice a combination of worrying signs it might be time to seek help or advice. Contact your designated safeguarding lead or contact Surrey Children’s Services on **01483 518 505** for advice and support, or in an emergency, call **999**.

If you’re worried that you are being sexually exploited by an older person and need to talk to someone, contact Childline on **0800 1111**.

Protecting our vulnerable children is a priority for Surrey County Council. Find out more at the [Surrey](#) or [SSCB](#) website.

Helping healthcare staff spot the signs of child sexual exploitation – short film

Health Education England (HEE), in association with the Department of Health and NHS England, has produced a film that presents a series of scenarios involving a young person potentially at risk of CSE and uses the voice of a real-life victim who talks about her experiences at the hands of a CSE gang.

The short film also includes scenes with a community pharmacist, a GP, a school nurse and a paramedic, alerting them to the warning signs that may suggest an individual was at risk of CSE. While the film highlights the issue of CSE, it also provides practical advice on what to do if healthcare professionals and others suspect a patient or person in their care is at risk and makes it clear that there is a responsibility to report any activity that they think is suspicious.

The film can be used as part of safeguarding training to stimulate discussion and raise awareness or viewed by individual practitioners who would like to increase their knowledge and understanding of CSE.

The film can be viewed on the [HEE website](#).

A young person speaks about the impact of sexual exploitation

[Read a blog from](#) a young person talking about the impact of sexual exploitation.

Child sexual exploitation: 'I was conditioned to obey and powerless to refuse'

In the first of two articles about her experiences of CSE, Jenny Molloy describes how she entered a 'living hell' populated by predatory adults. You can read the article [here](#).

Safer Surrey

We have one common goal, to ensure every child is happy, healthy, safe and confident in their future. Their views matter, their experience should define the services we provide and most importantly their voice should be at the centre of what we all do.

Practice across Surrey is currently inconsistent - there are pockets of good practice but also areas for improvement. Work is underway to develop 'Safer Surrey'. An approach to children's safeguarding practice that will not just improve the consistency and timeliness of current practice, but will start to shift all our work with families to a more effective strength-based approach.

Safer Surrey is an approach underpinned by strong professional curiosity, critical thinking, and a desire to build independence not dependence. It relies on each and every one of us sharing the same understanding of our values, the way we work with families and what constitutes needs, harm and risk.

Over the last three months we have laid the foundations for a shift in practice by engaging with practitioners from right across Children's Services to discuss and define the Safer Surrey approach and its aims. Having defined the approach and aims we have begun to implement and train practitioners to use key tools that will support strength-based practice.

All work is based around the key questions

'What needs to happen to be satisfied the child will be safe in their own family'?

'What do we specifically need to see to be satisfied the child is safe'?

The launch of the new approach marks a shift in Children's Services and reinforces the commitment we have with our partner agencies to work collaboratively, using the same language in order to improve experiences for children so that they can be happy, healthy, safe and confident in their future.

The aim is to ensure this approach is taken by anyone in Surrey working with children, young people and families. No matter what the circumstances, or which service they are accessing, families should experience the same approach and practice values.

SSCB will be revamping the foundation module training for the autumn term to reflect Safer Surrey.

MASH and Early Help Programme – an update from Surrey County Council

Our vision is to build a Multi-Agency Safeguarding Hub (MASH) that provides a single point of contact for safeguarding concerns relating to children and adults in Surrey. This new 'front door' will provide a full and rich picture of need, risk and harm, bringing together data, information and knowledge from across the Surrey partnership.

The MASH and Early Help Executive Programme Board met in late May and approved the MASH organisational structure, subject to staff consultation. HR is working closely with Children's Services and the Youth Support Service, to bring together a change proposal for the new MASH and the four Early Help Coordination Hubs, which will be ready in the coming weeks.

As part of the proposal, we will be consulting with all impacted staff within Children, Schools and Families about key changes for the new MASH organisational structure, these are:

- a change in the overall organisational structure (including a Head of MASH)
- relocation of staff
- changes to line management.

There are no proposals to reduce the number of jobs, so we are not getting any smaller. The aim of these structural changes is to look at how best to design the service to achieve our goal of providing a single point of access ('front door') for both professionals and the public.

Early Help Offer – Getting it right

Our Early Help (EH) coordinators are now located in our referral teams as part of an enhanced focus by the council's services to provide effective early help. The selected EH coordinators have detailed knowledge of services available in their area and will help families and professionals easily navigate the system. The first stage of our journey is to redesign and improve our EH offer which will include integration with the new MASH. We are confident that this initial step will help us better understand and use our collective offer and we will extend the council's capacity to work better with partners to deliver a cohesive and collaborative Early Help offer.

Protocol for sharing information between partners

Partners have agreed to meet before the end of the academic year to discuss the protocol for Surrey Police to securely share information with schools.

Next steps

We will be finalising the process for how information is shared and transferred within the MASH, which will form the foundation for the design of the Early Help Module IT system, desk layout and phone system, and continue speaking with affected staff about roles and opportunities in the new Surrey MASH.

Information and resources in Surrey

There is a wide range of advice available to children and families available online which we hope will be useful for you.

Support for children and young people

Disrespect Nobody



There's a person attached to every body, respect both.

Healthy relationships are all about respecting each other. You should feel loved, safe and free to be yourself. Relationships can be confusing and it can be difficult to understand what is and isn't normal behaviour.

But disrespectful and unacceptable behaviour can come in many forms. It isn't limited to just physical behaviour; it can also go way beyond that. For example, it's not OK for someone to try and pressure you into sending a nude picture, or to expect the same things to happen that they've seen in a porn film. If someone makes you do something you don't want to, makes you feel scared, intimidated or tries controlling you, it's not acceptable and is never OK.

[Read up](#) on the different types of abuse, get advice and have a look at the [organisations that can help](#).

Rise Above

Rise Above is where you will find interesting and useful stuff from the web and beyond to get us all talking about the things that matter to us. You'll find inspiring and useful stories, videos, games and advice about topics such as body confidence, consent and relationships. You can visit the website [here](#).



Careers Advice in Surrey

Alongside guidance from a school/college careers advisor, SEND Post-16 Caseworker, or any other practitioner providing support, this site is designed to guide you through the options - of which there are many - to help you make informed decisions about what route might be most suitable. It's also important that you do your own independent research so that you can be confident that no opportunity has been missed. Visit the [website](#) for more information.



Childnet International

[Childnet International](#) is a non-profit organisation working with others to help make the internet a great and safe place for children. Here you will find top tips, games and internet safety information to help young people get the very best out of the internet and stay safe online.



I Need Help

If you, or someone you know, wants to talk about anything at all, call The Helpline Hotline on their free helpline 0800 141 2055. Lines are currently open Monday to Friday 9AM – 5PM. Take as long as you want – it's totally free! We won't judge you. We won't criticise you. We won't record the call. So pick up the phone, let off steam! Get it off your chest! It's why we are here! Call **0800 141 2055** or [email](#).

We are Surge

[We are Surge](#) is a Surrey based group of young people, online, in a forum, sharing things that are interesting and important to them. The site also has advice and information on issues young people care about. Browse, share information, get involved and have your say – all online at [Surge](#).

Surrey Young Carers

[Surrey Young Carers](#) supports young carers under 18. They can offer you help and support that's best for you.

Revenge porn helpline

Free, confidential advice and support. See the website [here](#) or call on 0845 6000459. Helpline open from 10.00am - 4.00pm, Monday to Friday. Emails can be sent at any time to help@revengepornhelpline.org.uk

Support for families

Broken Rainbow – The LGBT domestic violence charity

The National Lesbian, Gay, Bisexual and Trans (LGBT) domestic violence helpline provides confidential support to all members of the LGBT communities, their family, friends, and agencies supporting them. The helpline is run by trained LGBT people and provides a space where you can talk through what is going on, and explore your options.



You can call the free phone number: **0800 999 5428** or visit their [website](#).

The Family Information Service

You can 'like' the [FIS](#) on [Facebook – SurreyFIS](#) or follow them on Twitter - [@SurreyFIS](#).

If you cannot find what you are looking for or have any questions or queries, you can contact the FIS by [email](#) or phone on 0300 200 1004.

Internet Matters.org

Child Safety Online: A practical guide for parents and carers whose children are using social media. More information for parents and carers can be found on the [Internet Matters.org](#) website.

Digital Parenting

Issue 4 of [Vodafone's Digital Parenting magazine](#) is available now! (online only). Previous issues and further online resources for parents are available on the [Vodafone website](#). The next edition will be available from September 2016.

Family line

[Familyline](#) is here to listen. No problem is too big or too small. Their helpline is open to everyone regardless of age, gender, ethnicity or beliefs. They listen well, provide emotional support and can help you to look at potential ways forward. All calls are anonymous. Call if you'd like to talk in complete confidence on [0808 800 5678](tel:08088005678) or if you find it easier, you can [email](#).

Parent Info

Parent Info provides high quality information to parents and carers about their children's wellbeing and resilience. This service is free and ranges across a wide range of subject matter, from difficult topics about sex, consent and relationships, mental health, self harm, the internet and 'teens on tinder'. For more information, please visit the [website](#).

The Royal Society for the Prevention of Accidents (ROSPA) - parent hub

[RoSPA's parent hub](#) provides an easy guide to keep your children safe, from when they're a baby to school age.

Domestic abuse support

The Surrey Against Domestic Abuse (SADA) website offers help and support for anyone in the county affected by domestic abuse. Visit their [website](#) for more information.

Be Share Aware - and keep your child safe online

We tell our children it's good to share - but online it's different. In fact sometimes sharing online can be dangerous. Being [Share Aware](#) will help keep your child safe online.

The Breck Foundation

[The Breck Foundation](#) is raising awareness for playing safe whilst using the internet.

Support for professionals

CAMHS

Subscribe to the CAMHS newsletter [here](#)

UK Safer Internet Centre

Sign up to get the latest news and updates from UK Safer Internet Centre and its partners [here](#)

NSPCC CASPAR

The NSPCC offer a current awareness service for practice, policy and research (CASPAR) via a weekly email alert. The newsletter provides a weekly update on all current safeguarding and child protection news. The link to the registration form can be found [here](#).

Whistleblowing advice line

The new Whistleblowing advice line that the NSPCC helpline has launched has been developed to provide support to employees wishing to raise concerns over how child protection issues are being handled in their own or other organisations.

The NSPCC Whistleblowing Advice Line can be reached on 0800 028 0285. More information on the helpline is available on the [website](#).

Educate Against Hate website

'[Educate Against Hate](#)', gives parents, teachers and school leaders resources and practical advice on protecting children from extremism and radicalisation.

'Mindsight Surrey CAMHS': Mental health services for children and young people

Mindsight Surrey CAMHS, the health and social care partnership for children and young people with mental ill-health and learning disabilities living in Surrey. You can access the website [here](#).

Missing People

Missing People is a UK charity which specialises in, and is dedicated to, bringing missing children and adults back together with their families. For information about the charity and its work visit the [website](#).

YMCA WiSE workers

[YMCA DownsLink Group's WiSE project](#) is an innovative project working with children and young people under the age of 25 experiencing or at risk of sexual exploitation. Following a successful funding application to the Police and Crime Commissioner two project workers have been appointed to deliver the service across Surrey.

SSCB newsletters

To keep professionals who work with children up-to-date with the latest developments in safeguarding children, the Surrey Safeguarding Children Board (SSCB) issues regular newsletters. Past newsletters from 2015/16 can be found below:

- [Spring 2016 \(PDF\)](#)
- [Winter 2015/2016 \(PDF\)](#)
- [Autumn 2015 \(PDF\)](#)
- [Spring/Summer 2015 \(PDF\)](#)

If you have received this newsletter from a colleague and wish to sign up yourself, please email [SSCB](#).